



# Counting In Japanese

(To The Tune Of Happy Birthday)

1 - Ichi

2 - Ni

3 - San

4 - Shi

5 - Go

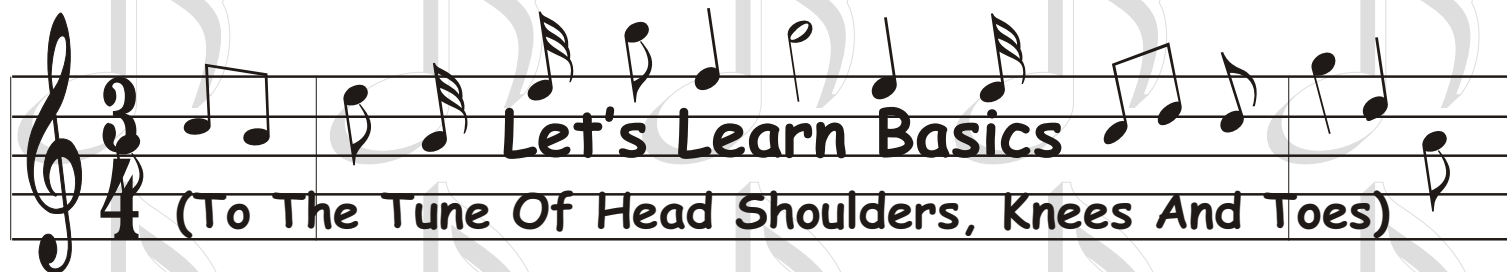
6 - Roku

7 - Shichi

8 - Hachi

9 - Ku

10 - Ju



Jodan, Chudan, Gedan, Shikodachi, Kyotsuki. (Repeat 2 Times)

Tsuke, Uke, Ashi, Te.

Jodan, Chudan, Gedan, Shikodachi, Kyotsuki.

**NOTE:** There are motions to this song

They are as follows:

Jodan - (Head) Children put hands on head.

Chudan - (Chest) Children put hands on chest

Gedan - (Lower body) Children put hands on hips.

Shikodachi - (Squat stance) With feet apart shoulder distance, bend knees and squat  $\frac{1}{2}$  way down.

Kyotsuke - (Attention) Stand with heels together, feet at a 45 degree angle and hands at side.

Tsuke - (Punch) Extend arm out in front and make a fist

Uke - (Block) Bend arm with palm facing you, fist closed to make a chest block.

Ashi - (Foot) Bend down and touch feet.

Te - (Hand) Open hand palm facing outward as if showing open hand.